



Omega Psi Phi Fraternity, Inc.

Rho Phi Chapter

New Orleans, LA



"Friendship Is Essential To The Soul"

October, 2022

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Bro. Charles Allen III

Basileus

Rho Phi Chapter 2021-2022 Officers:

Basileus: Bro. Charles Allen III

Vice-Basileus: Bro. Adrian Thibodeaux

Keeper of Records and Seal: Bro. Darrin Browder

Asst. Keeper of Records and Seal: Bro. Ryan Banks

Keeper of Finance: Bro. Bobby Major III

Keeper of Peace: Bro. Steve Crandle

Reporter: Bro. Keith Taylor Sr.

Chaplain: Bro. Michael Raymond

Parliamentarian: Bro. Kyle Augillard

Chapter Counselor: Bro. Marion Floyd

Immediate Past Basileus: Bro. Jerome Tinguee

Other Fraternity Officers:

S.E. Louisiana State Representative: Bro. Terrence Augillard

Lest We Forget.....

Dr. Carter Goodwin Woodson
"Father of Black History"

The story begins in Chicago back in 1915. As an alumnus of the Univ. of Chicago with many friends in the city, Carter G. Woodson traveled from Wash., D.C. to participate in a National Celebration of the 15th anniversary of emancipation sponsored by the state of Illinois. Thousands of African Americans traveled from across the country to see exhibits highlighting the progress their people had made since the destruction of Slavery. Having been Awarded a Doctorate in Harvard 3 years earlier, Dr. Woodson joined the other exhibitors with a Black History display.

A massive overflow crowd of up to 12,000 waited outside for their turn just to view the exhibits. Inspired by the 3-week celebration, Dr. Woodson decided to form a permanent institution organized to promote the scientific study of Black life and history before leaving town. Dr. Woodson met with others and formed the Association for the Study of Negro Life & History (ASNLH).

He hoped that other people would then popularize the findings that he and other Black intellectuals would publish in *The Journal of Negro History*, which he established in 1916. In the early 1920s, Dr. Woodson urged Black Civic organizations to promote the achievements that researchers were uncovering.

As a Brother of The Omega Psi Phi Fraternity, Inc. he was often urged by his Fraternity Brothers to help take up the work. In 1924, they responded with the creation of a local Fraternity Program named Negro History & Literature Week, which they later on renamed National Negro Achievement Week. Their ongoing national outreach was highly significant and Bro. Woodson had reached an even greater impact. He told an audience of Hampton Institute students, "We are going back to that beautiful history and it is going to inspire us to greater achievements." In 1925, he decided that the program had to shoulder the responsibility. Going forward it would both create and popularize knowledge about the Black past. He sent out a press release announcing Negro History Week in February in 1926. For his many ongoing pioneering efforts the Fraternity and many others recognized Bro. Carter G. Woodson as "The Father of Negro History Week." This National Negro History Week later became known as Black History Week, which grew into National Black History Month as it is still known today...

"Now it's on YOU to Keep Our History Alive...24/7/365!"

And now you know why we often say...

OMEGA History IS BLACK History!!!!



Greater New Orleans Pan Hellenic Council Day of Service

September 24, 2022— The Greater New Orleans Pan Hellenic Council held a Day of Service Event at Baldwin and Co. bookstore. The local council partnered with 2nd Harvest Food Bank to collect non-perishable food items for their shelves.



Rho Phi Chapter Celebration

October 17, 2022— Rho Phi chapter honored past and current officers of Rho Phi as well as celebrated Basileus-Elect, Bro. Adrian Thibodeaux on his retirement. October is Breast Cancer Awareness Month, so brothers were encouraged to wear something pink for support.



U.N.C.F. Walk For Education Kick-Off Party

October 19, 2022— The United Negro College Fund’s annual Walk for Education Kickoff event was held at the Audubon Tea Room. Brothers from Rho Phi and other local graduate Omega chapters participated in the event.



U.N.C.F. Walk For Education

October 22, 2022— The United Negro College Fund’s annual Walk for Education event was held at the University of New Orleans Lakefront campus. Brothers from Rho Phi and other local graduate Omega chapters participated in the event.

THE SOCIAL HUB_NOLA



35TH ANNUAL
WALK FOR EDUCATION



Initiation Anniversary

Congratulations to the following Rho Phi chapter brothers on the anniversary of their initiation into Omega Psi Phi Fraternity, Inc. in October.

October

October 09, 1994 — Bro. Charles Allen III — Xi Sigma

October 09, 1994 — Bro. Patrick Antoine — Xi Sigma

October 11, 1986 — Bro. Rene Metoyer — Xi Sigma

October 11, 1986 — Bro. Noel Pinera — Xi Sigma

October 15, 1982 — Bro. Ruston Henry — Xi Sigma

October 16, 1984 — Bro. Malcolm Armstrong — Xi Sigma

October 17, 2010 — Bro. Jason Taylor — Xi Sigma

October 19, 1991 — Bro. Kyle Augillard — Xi Sigma

October 21, 2000 — Bro. Wali Abdel Raouf II — Alpha Lambda

October 21, 2000 — Bro. Lester Arnaud — Rho Phi

October 25, 1985 — Bro. Robert Merrett — Xi Sigma

Congratulations

- ◆ Bros. Terrence Augillard and Benedict Willard on the 40th anniversary of their graduation from St. Augustine High School.
- ◆ Bro. Bobbie Smith on the 40th anniversary of his graduation from O. Perry Walker High School.
- ◆ Bro. Jerome Tinguee on the 35th anniversary of his graduation from St. Augustine High School.
- ◆ Bro. Jeff Lawrence Jr. on successfully completing the course in Finance and Insurance Sales Development.
- ◆ Bro. Ross Anderson on the birth of his daughter, Janelle Magnolia Anderson .
- ◆ Basileus Bro. Adrian Thibodeaux and his wife Karen on their 37th wedding anniversary.



Congratulations!

Ninth District News

Healthy Que Tips

Omega Psi Phi Fraternity, Incorporated MIGHTY NINTH DISTRICT Healthy Que Tips

Medical-Health Initiatives Committee

October 2022



Ninth District Health Initiatives

1. Stay Safe and Healthy
2. Follow Area CDC Coronavirus Guidelines at www.cdc.gov (Vaccinations, Social Distancing, Wearing Masks, Washing Hands)
3. Brother, You're On My Mind (Mental Health Awareness)
4. Partner with a Non-Profit Health Organization (Diabetes, AIDS, Prostate Cancer, Sickle Cell Disease, Heart Disease, St. Jude)
5. Support Friends/Families affected by Illnesses
6. Participate in a (COVID-Safe) Blood Drive and/or Health Fair
7. Highlight Monthly Health Initiatives (during formal meetings)

NATIONAL DOMESTIC VIOLENCE AWARENESS MONTH

Domestic violence affects millions, both women (every 9 seconds a woman in the U.S. is beaten or assaulted by a current or ex-significant other) and men (1 in 4 men are victims of some form of physical violence by an intimate partner) of every race, religion, culture and status (1.3 million women/835,000 men affected annually). It's not just punches and black eyes -- it's yelling, humiliation, stalking, manipulation, coercion, threats and isolation. It's stealing a paycheck, keeping tabs online, non-stop texting, constantly using the silent treatment, or calling someone stupid so often they believe it. Their self-esteem is totally destroyed, and they are made to feel they will never be able to find another person to be with. The cycle of abuse is harmful, dangerous, & potentially deadly.

National Domestic Violence Awareness Month evolved from a "Day of Unity" held in October 1981. A Violence Against Women Act passed nationally in 1994. Between 1993 and 2010, the overall rate of domestic violence dropped nearly two-thirds and state laws have reformed to address issues such as dating abuse in the workplace, stalking, employment discrimination and more.

Nearly 3 out of 4 Americans personally know someone who is or has been a victim of domestic violence. Now is the time to take a stand. [Support survivors and speak out against domestic violence all month long!](https://www.psychologytoday.com/us/basics/domestic-violence) For signs of abuse, visit www.psychologytoday.com/us/basics/domestic-violence

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MIGHTY NINTH DISTRICT

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LOVE DOES NOT HURT

L is patient
O is kind and is not jealous
V is not arrogant does not brag
E DOES NOT ACCOUNT FOR OTHERS' FEELINGS **IS NOT SELFISH**
WRONG **is not provoked**
SUFFERED does not rejoice in unrighteousness
rejoices in truth

Ninth District Healthy Events:

National Domestic Violence Hotline: 1-800-799-7233(SAFE)

October is also ADHD Awareness Month (See Page 3), Dental Hygiene Month, Physical Therapy Awareness Month (See Page 4), and **National Breast Cancer Awareness Month!** Encourage the women in your lives to schedule a mammogram/clinical exam. Men can have breast cancer too (1 in 833 lifetime).



Have a **Healthy and Safe October!**



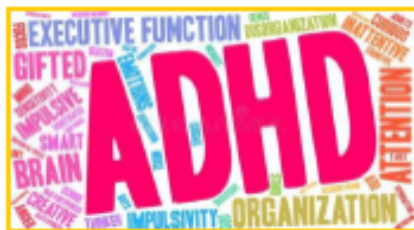
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ADHD AWARENESS MONTH

Attention deficit hyperactivity disorder (ADHD) is a mental health disorder that can cause above normal levels of hyperactive and impulsive behaviors. People with ADHD may also have trouble focusing their attention on a single task or sitting still for long periods of time. Both adults and children can have ADHD.

A wide range of behaviors are associated with ADHD. Some of the more common ones include: having trouble focusing or concentrating on tasks, being forgetful about completing tasks, being easily distracted, having difficulty sitting still, and interrupting people while they're talking. ADHD can be grouped into three categories (types): predominantly inattentive, predominantly hyperactivity-impulsive, and a combination of both.

Despite how common ADHD is, doctors and researchers still aren't sure what causes the condition. It's believed to have neurological origins. Genetics may also play a role. Treatment for ADHD typically includes behavioral therapies, medication, or both. Untreated ADHD in adults can have a negative impact on many aspects of life. Symptoms such as trouble managing time, forgetfulness, and impatience can cause problems at work, home, and in all types of relationships. For more information, see www.healthline.com/health/adhd#adult-adhd.

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PHYSICAL THERAPY AWARENESS MONTH

Physical Therapy Awareness Month is an annual health initiative meant to bring attention to the significant impact physical therapy continues to have on so many patients who suffer from daily pain and discomfort. Originally founded in 1981 as physical therapy week, it was eventually extended to the entire month of October in 1992. With increasing popularity, the purpose of PT awareness is to educate the public on the benefits of not only physical therapy but physical activity in general.

From orthopedics and neurology to applied behavior analysis (ABA) and sports medicine, there are many different specialties of therapy as well as various types of techniques such as electrotherapy, aquatic aerobics, soft tissue massage and even acupuncture. With physical therapy essentially being the restoration or maintenance of specific parts of the body, it also primarily promotes patients to practice self care. While most people seek out physical therapy because of certain conditions or injuries, here are some examples of other reasons why people pursue physical therapy services: Behavioral/Mental Development, Vertigo, Breathe Easy. For more information, see www.apta.org.

CONTACT US

For more information on Rho Phi Chapter send an email to:

Bro. Keith Taylor/Chapter Reporter: reporter@rhophi.org

Visit us on the web:

<https://rhophi.org>

Or the chapter's social media sites:

Facebook: <https://www.facebook.com/rhophinola>

Twitter: <https://twitter.com/RhoPhiOPP>

Instagram: <https://www.instagram.com/rhophiomegas>