



Omega Psi Phi Fraternity, Inc.

Rho Phi Chapter

New Orleans, LA



“Friendship Is Essential To The Soul”

November, 2020

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Bro. Charles Allen III
Basileus

Rho Phi Chapter 2020-2021 Officers:

Basileus: Bro. Charles Allen III

Vice-Basileus: Bro. Adrian Thibodeaux

Keeper of Records and Seal: Bro. Darrin Browder

Asst. Keeper of Records and Seal: Bro. Christopher Hamilton

Keeper of Finance: Bro. Bobby Major III.

Keeper of Peace: Bro. Steve Crandle

Reporter: Bro. Keith Taylor Sr.

Chaplain: Bro. Michael Raymond

Parliamentarian: Bro. Kyle Augillard

Immediate Past Basileus: Bro. Jerome Tinguee

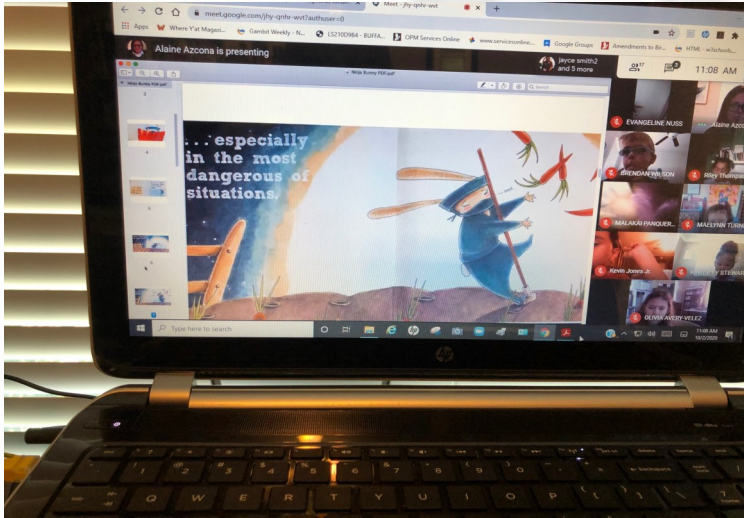
Other Fraternity Officers:

S.E. Louisiana State Representative: Bro. Rene Metoyer

CHAPTER NEWS

Real Men Read Program

Rho Phi Chapter partnered with Homer Plessy charter school to host its 12th annual Real Men Read program on October 2, 2020. Due to COVID-19 the reading program was held virtually. The program is designed to encourage pre-3 through first grade students to develop good reading habits. The Omega Men Foundation, through a grant from Entergy, Inc., donated a check for \$500.00 to the school to purchase books for their library.



Hurricane Laura Relief

Rho Phi Chapter along with brothers from Phi Iota Iota (Laplace) and Mu Mu Nu (North Houston) chapters participated in a Hurricane Laura Relief event that was held on Saturday, October 3, 2020 in Lake Charles. The event was hosted at New Covenant Faith Baptist Church. Hurricane relief items including water, non-perishable food and a hot lunch was provided to the residents of the area.



**LAKE CHARLES
RELIEF DAY**

SATURDAY, OCTOBER 3, 2020

WHERE
NEW COVENANT FAITH BAPTIST CHURCH
2233 12TH STREET, LAKE CHARLES, LA 70601

WATER, FOOD & OTHER MISCELLANEOUS ITEMS

HOT LUNCH
WILL BE SERVED AT 11 A.M.
RED BEANS | FRIED FISH & CHICKEN | SMOKED MEAT | HOT DOGS & ETC...

HOSTED BY
DJ'S JANITORIAL | MAMA DEE'S CATERING
BROTHERS OF THE OMEGA PSI PHI FRATERNITY INC
NORTH HOUSTON, TX & THE NEW ORLEANS COALITION
FAMILY & FRIENDS

Voter Registration Drive

Rho Phi Chapter along with Booker T. Washington's Class of 1980 alumni, hosted a Voter Registration Drive at P.J.'s Coffee House, located at 5733 Read Blvd. The event was held on Saturday, October 3, 2020. Twenty nine citizens of the city of New Orleans registered to vote during the event .



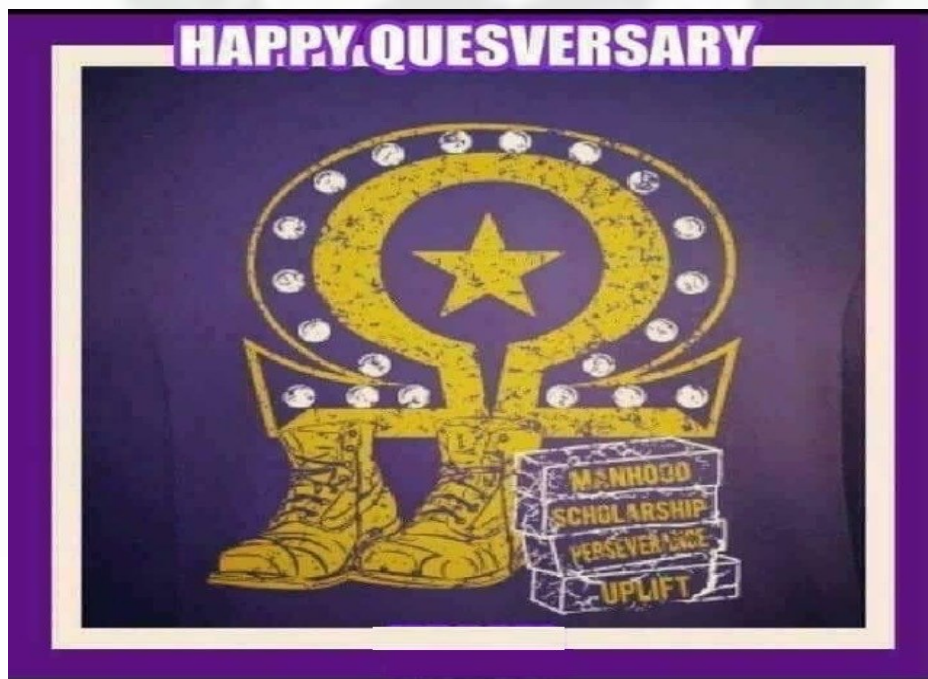
Charles R. Drew Blood Drive

Rho Phi Chapter hosted its annual Charles Drew Blood Drive at the Wal-Mart Superstore, located at 6000 Bullard Ave. The event was held on Saturday, October 24, 2020. Twenty nine donors, including several Rho Phi Chapter brothers, gave blood during the event.



Initiation Anniversaries

November 03, 2006 — Bro. Foluso Sukunbi — Xi Sigma
November 09, 2013 — Bro. Vincent Turner Jr — Xi Sigma
November 11, 1983 — Bro. Terrence Augillard — Xi Sigma
November 11, 1983 — Bro. Joseph Boucree — Xi Sigma
November 11, 1983 — Bro. Barry Sylvester — Xi Sigma
November 14, 1955 — Bro. Alvin Sylvester — Beta Sigma
November 15, 1961 — Bro. John Jones Jr — Beta Sigma
November 17, 1972 — Bro. Patton Cohen — Xi Sigma
November 18, 1972 — Bro. Dwight Jarrett Sr — Epsilon Delta
November 20, 2005 — Bro. Ahmad Boykins — Mu Lambda
November 20, 1970 — Bro. Henry Coaxum Jr — Gamma Psi
November 21, 1986 — Bro. Wardell Bourgeois — Theta Sigma
November 23, 1981 — Bro. Emery Minnard — Xi Sigma
November 30, 1976 — Bro. Walter Martin Jr — Xi Sigma
November 30, 1979 — Bro. Denardo Dunham — Epsilon Gamma



LUNG CANCER AWARENESS MONTH – November



November is . . .

Lung Cancer Awareness Month

www.NationalDayCalendar.com

LUNG CANCER AWARENESS MONTH

Lung Cancer Awareness Month in November strives to share the stories of survivors. Through their stories of hope, organizations hope to increase knowledge about the disease and its causes. Join Lung Cancer Awareness Month in dispelling myths and improving results. Here's how:

1. Get screened – early detection can save lives.
2. Quit smoking – it's hard, but it's so worth it.
3. Be an advocate – share your story so others can find hope, too!
4. Learn more by visiting LCAM.org.

NINTH DISTRICT NEWS

The Source TV

The Source TV

The Source TV is a videocast that will display the positive works of Omega men from within the Ninth District. District Representative Bro. Patrick Smith announced this new media platform to the Brotherhood via email and episode 1 aired on September 13, 2020. The link to the video is below.

The Source TV, Episode 1, The Beginning: <https://youtu.be/u5Vz4VyUFX4>

Ninth District K.R.S. Monthly Message

These are the following updates from the Office of the 9th District Keeper of Records and Seal.

- Brothers if you still would like to donate to the hurricane efforts, please call or text Brother Dwayne Conner (9th District Social Action Chair) @ 2146422570 directly.
- As a reminder, please login to your IHQ and 9th District Website account at least once a week. If you are having any issues, please contact Bro. DKRS.
- Registration for the 84th NDM (Dallas, TX (March 24 – 28, 2021)) is now at the Pre-Registration Period (\$200/Grad and \$125/UG). Quette registration is \$150. As a reminder, brothers that are 55+ Fraternity years and financial (all 3 levels) will receive complimentary registration for the District Meeting but most register online Please log on to [<https://www.mightyninth.com>] and register. Bro. Arthur Williams (Theta Alpha) will serve as District Marshal.
- Brothers of the Mighty 9th District, in the four states that comprise the 9th District of Omega Psi Phi Fraternity, Inc., there is A Call To Action, A Time to Serve, in 2020, WE WILL BE HEARD. PLEASE VOTE!!!! If you have any questions on any state in the 9th District as it pertains to voting, please contact Bro. Karlos w/a K Jackson (9th District Voter Registration, Education, & Mobilization Chairman – 713.899.6230) #OMEGAMENVOTE
- To the leadership of all 9th District Chapters. The 9th District has several Zoom accounts. If you need to schedule any type of chapter meeting, please contact a District officers and we can assist with setting up a meeting. There is no charge for the service to the Chapter.
- Brothers, please disregard the 9th District Website and refer to the IHQ website for your MSP Status. You must be In Classroom trained and have taken the Exam for your status to say you are MSP Certified. If you have any questions, feel free to contact me.
- To the 9th District Chapter Leadership, if you need assistance with updating your Form 50, please email the brothers name and the position they are serving in. Also, if you need assistance updating your respective Chapter Mandated Committee Chairs, please let me know.
- 2020 Fall Council Meeting presentation has been uploaded to the 9th District Website. You can locate the presentations by logging into the Mighty 9th District Website (Document/District Council Meetings/2020 Fall Council Meeting).
- Brothers, the deadline for Chapter Essay submissions to Ninth District Achievement Week Chairman is Monday November 16, 2020 at 11:59 pm. If you have any questions, please contact Bro. George M. Mayers, Jr. (9th District Achievement Week Committee Chairman - achievementweek@mightyninth.com)

Note: Theme for Achievement Week: Omega Men Ushering in Social Change

- Mighty Ninth District will offer thanks to our God in Thanksgiving worship on Sunday, November 8, 2020 at 5PM.

Note: See link below

Join Zoom Meeting

<https://us02web.zoom.us/j/85161204471>

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- Brothers, please see the attached Ninth District Medical-Health Initiatives Newsletter "QueTips" for November 2020 by Bro. Dr. Marlon D. Henderson (9th District Medical-Health Initiatives Committee Chair)

- Brothers, Bro. Sedric Myers (9th District Fatherhood Initiative/Mentoring Committee Chair) will be hosting a Zoom meeting with all chapter Fatherhood Initiative /Mentoring Chairs on November 9, 2020. See Zoom information below

Topic: 9th District FIM Committee Meeting

Time: Nov 9, 2020 07:30 PM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/81146239160?pwd=akorTmpocm1iSG5nV1hpdIBWdW1JQT09>

Meeting ID: 811 4623 9160

Passcode: 742574

- Brothers, see the list below of future meetings in the Mighty 9th District

- 9th District Winter Council Meeting – Dallas, TX – January 30, 2021
- Lone Star State Ques – Austin, TX – February 13, 2021
- Natural State Ques – Little Rock, AR – February 20, 2021
- Oklahoma State Omegas Association – Stillwater, OK – February 27, 2021
- Unified Omegas of Louisiana – Shreveport, LA – March 6, 2021

Note: If any changes are made, communication will be sent to the brotherhood.

- Brothers, The Public Relations Committee is excited to announce a new media outlet “The Source TV” a videocast for the Brothers of the Ninth District of Omega Psi Phi Fraternity, Inc.

Please submit your video

Note: Send the video to flwatson31@gmail.com with a brief description in the email.

Note: See attached documents as it pertains to Achievement Week.

- The Dr. Moses C. Norman Leadership Conference will be held July 13 – 18, 2021 in Nassau, Bahamas. Once registration information is given, I will inform the Brothers of the Mighty 9th District.

- Brothers, review the following message from Bro. John Howard (Executive Director)

This correspondence is crafted to solicit your help to identify Brothers who are experienced grant writers and who are willing to serve on an Omega grant writing team. International Headquarters has identified some opportunities where a team of grant writers will be

- For Brothers that are Life Members and would like to purchase a LM Pocket Badge, please review information from IHQ below.

Currently, the system is not setup in the store to purchase those items. Currently being work on. An alternative is to mail your payment to IHQ office made payable to Omega Psi Phi Fraternity, Inc. Mail to:

International Headquarters
3951 Snapfinger Parkway
Decatur, GA 30035

The Life Membership Pocket Badge is \$80.00 postage and handling included.

Please provide the following information to Ms. Dourousseau at email angelad@oppf.org so that she can order your item once payment post:

Please see the attachment and email it once completed to Ms. Dourousseau to the email address above.

Note: See attached document

- Brothers, Chapter Officers and Undergraduate Advisor Education will be held on November 14, 2021. The chapter officer's education sessions will begin at 9:00 AM CST. The Undergraduate advisor session will begin at 10:30 AM CST.

Note: See registration links below

Basilei Meeting:

Register in advance for this meeting.

https://us02web.zoom.us/meeting/register/tZ0pduugrzMiE9ROttLmIDayX_ZKwa1oJ_cY

Keepers of Records & Seal:

Register in advance for this meeting.

<https://us02web.zoom.us/meeting/register/tZcrfuGtqz8tE9UV6tkblfgemCzuOT8NtiV0>

Keepers of Finance:

Register in advance for this meeting.

https://us02web.zoom.us/meeting/register/tZYrd--rpzkoHtZbkC7iG2ghWaesQ_Y8mY-s

Chapter Reporters

Register in advance for this meeting.

https://us02web.zoom.us/meeting/register/tZwuduyspz0uHdUACo62f543_GkFs2IJZZRA

Chapter Chaplain:

Register in advance for this meeting.

<https://us02web.zoom.us/meeting/register/tZErd-2rqjsvH9aoaWkrWQIKJG2P4QqJYd05>

Undergraduate Advisors Workshop:

Register in advance for this meeting.

<https://us02web.zoom.us/meeting/register/tZlpuyspj8rHN3hu0k9w-nVdPPIYnRODt3M>

In Friendship,

Bro. David "Petro" Washington, Jr.

9th District Keeper of Records and Seal

10-98-FF

LM #6823 / 9th DLM #155

proseqtor@gmail.com

972.898.3802 (c)

Healthy Que Tips

Omega Psi Phi Fraternity, Incorporated MIGHTY NINTH DISTRICT Healthy Que Tips

Medical-Health Initiatives Committee

November 2020



Ninth District Health Initiatives

1. Stay Safe and Healthy
2. Follow CDC Coronavirus Guidelines at www.cdc.gov (Social Distancing, Wearing Masks, Washing Hands)
3. Brother, You're On My Mind (Mental Health Awareness)
4. Partner with a Non-Profit Health Organization (Diabetes, AIDS, Prostate Cancer, Sickle Cell Disease, Heart Disease)

AMERICAN DIABETES MONTH

Diabetes mellitus, commonly known as diabetes, is a metabolic disease that causes high blood sugar. The hormone insulin moves sugar from the blood into your cells to be stored or used for energy. With diabetes, your body either doesn't make enough insulin or can't effectively use the insulin it does make. Untreated high blood sugar from diabetes can damage your nerves (neuropathy), eyes (vision loss/retinopathy), kidneys (nephropathy), and other organs (heart disease/ heart attack/stroke, hearing loss)

There are a few different types of diabetes: Type 1 diabetes is an autoimmune disease - the immune system attacks and destroys cells in the pancreas, where insulin is made, Type 2 diabetes occurs when your body becomes resistant to insulin, and sugar builds up in your blood, Prediabetes occurs when your blood sugar is higher than normal, but it's not high enough for a diagnosis of type 2 diabetes, and Gestational diabetes is high blood sugar during pregnancy - insulin-blocking hormones produced by the placenta cause this type.

The general symptoms of diabetes include: increased hunger, increased thirst, weight loss, frequent urination, blurry vision, extreme fatigue, sores that don't heal, decreased sex drive/erectile dysfunction (symptom in men). Risk factors include: if you're a child or teenager/you have a parent or sibling with the condition (Type 1), if you are overweight/age 45 or older/have a parent or sibling with the condition/aren't physically active/have high blood pressure and high cholesterol/have African American ancestry (Type 2). For more information regarding prevention and treatment visit: <https://www.healthline.com/health/diabetes>

Omega Psi Phi Fraternity, Incorporated

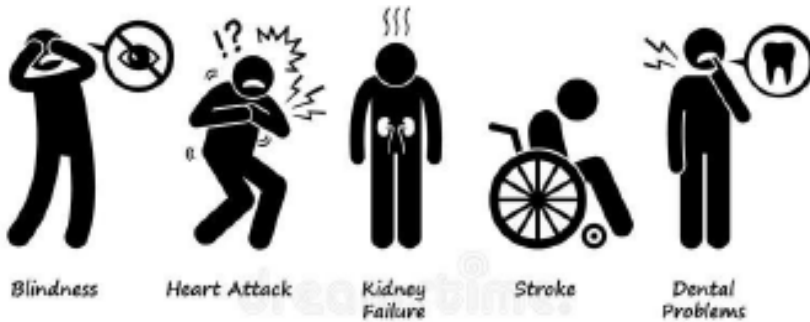
MIGHTY NINTH DISTRICT

Healthy Que Tips

Medical-Health Initiatives Committee

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Diabetes: Complications and Treatment



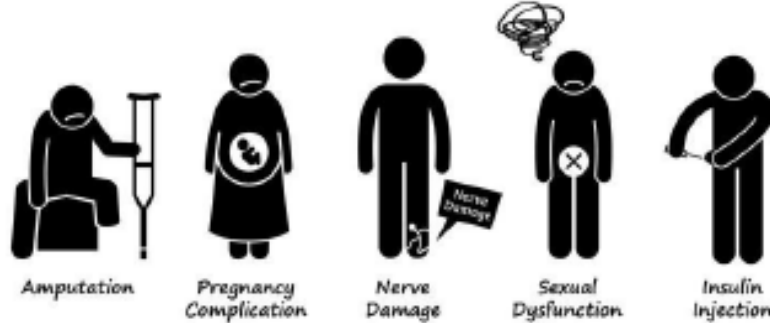
Blindness

Heart Attack

Kidney Failure

Stroke

Dental Problems



Amputation

Pregnancy Complication

Nerve Damage

Sexual Dysfunction

Insulin Injection



HEALTHY LIFESTYLE



Diabetes Treatment

Ninth District Healthy Events:

November is also Chronic Obstructive Pulmonary Disease Awareness Month, Lung Cancer Awareness Month, and Pancreatic Cancer Awareness Month.

COVID-19 is still an “emerging, rapidly evolving situation” according to the National Institute of Health (www.nih.gov)!

Have a **Healthy** and **Safe** Election Day (Vote!), Achievement Week, **FOUNDERS’ DAY**, & **Thanksgiving!**

CONTACT US

For more information on Rho Phi Chapter send an email to:

Bro. Keith Taylor/Chapter Reporter: reporter@rhophi.org

Visit us on the web:

<http://www.rhophi.org>

Or the chapter's social media sites:

Facebook: <https://www.facebook.com/rhophinola>

Twitter: <https://twitter.com/RhoPhiOPP>

Instagram: <https://www.instagram.com/rhophiomegas>