



Omega Psi Phi Fraternity, Inc.

Rho Phi Chapter

New Orleans, LA



"Friendship Is Essential To The Soul"

June, 2019

Greetings From Basileus, Bro. Jerome Tinguee

Brothers, the Month of June is here and The Rho Phi Train is still rolling through 2019. We have begun the "LAZY DAYS OF SUMMER"....Family vacations, rest, relaxation and time away from our daily hustle and bustle, is the focus of this season but we must maintain our "ENTHUSIASM", "HIGH ENERGY", and "FIRE" for Omega. Let's continue to take pride in what is uniquely ours.



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Rho Phi Chapter 2018-2019 Officers:

Basileus: Bro. Jerome Tinguee

Vice-Basileus: Bro. Charles Allen III

Keeper of Records and Seal: Bro. Ernest Parquet Jr.

Asst. Keeper of Records and Seal: Bro. Christopher Hamilton

Keeper of Finance: Bro. Michael Wingate

Keeper of Peace: Bro. Steve Crandle

Reporter: Bro. Keith Taylor Sr.

Chaplain: Bro. Michael Raymond

Parliamentarian: Bro. Kyle Augillard

Immediate Past Basileus: Bro. Dana Walker

Other Fraternity Officers:

Immediate Past Grand Marshal: Bro. Terrence Augillard

S.E. Louisiana State Representative: Bro. Rene Metoyer

CHAPTER NEWS

Rho Phi Chapter brothers supported the Second Annual Helena Alexander Lupus Awareness Walk held on May 18, 2019 at Audubon Park. **Bro. Marion Floyd's** law firm is one of the Walk sponsors.



Rho Phi Chapter brothers held the annual Mentoring and Career Day Session at the chapter's partner school, Joseph Craig Charter School, on May 5, 2019. One of activities was to teach male and female students how to properly tie a neck tie.



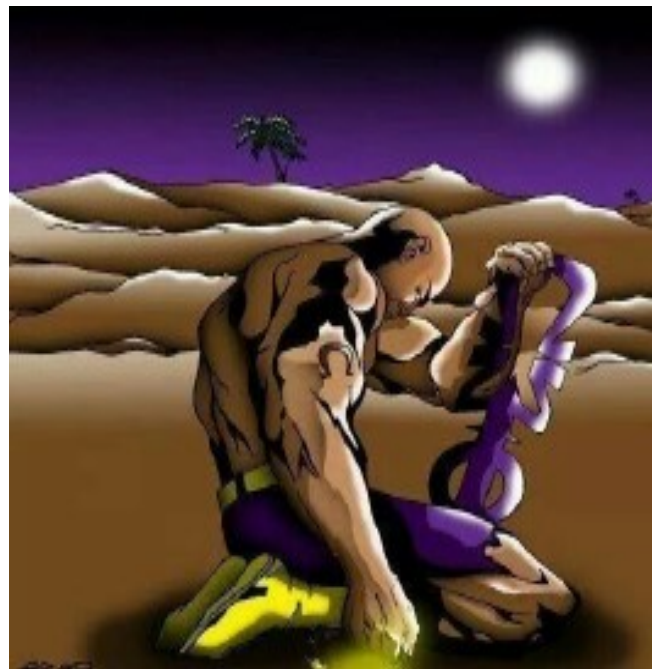
First Sip Of Summer — Rho Phi Chapter, as a member of the New Orleans Pan Hellenic Council, participated in the annual First Sip of Summer Event. This year, Rho Phi Chapter won the award for Best Fraternity Table decoration.



INITIATION ANNIVERSARIES

Congratulations to the following Rho Phi brother on the Anniversary of his Initiation into Omega Psi Phi Fraternity.

June 9, 1979 — Bro. Clinton Smith Jr. — Omicron Zeta

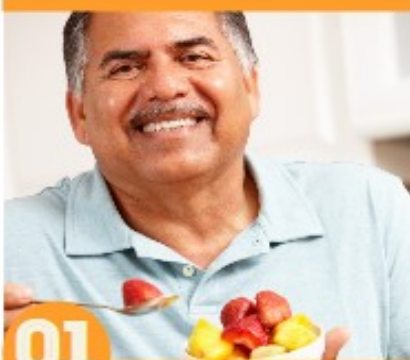


HEALTH NOTES



JUNE IS MEN'S HEALTH MONTH

awareness | prevention | education | family



01

Eat Healthy. Start by taking small steps like saying no to super-sizing and yes to a healthy breakfast. Eat many different types of foods to get all the vitamins and minerals you need. Add at least one fruit and vegetable to every meal.



02

Get Moving. Play with your kids or grandkids. Take the stairs instead of the elevator. Do yard work. Play a sport. Keep comfortable walking shoes handy at work and in the car. Most importantly, choose activities that you enjoy to stay motivated.



03

Make Prevention a Priority. Many health conditions can be prevented or detected early with regular checkups from your healthcare provider. Regular screenings may include blood pressure, cholesterol, glucose, prostate health and more.

100%

Women are 100% more likely than men to visit the doctor for annual exams and preventive services.

1 IN 2

1 in 2 men are diagnosed with cancer in their lifetime compared to 1 in 3 women.

1994

On May 31, 1994 President Clinton signed the bill establishing National Men's Health Week.

"Recognizing and preventing men's health problems is not just a man's issue. Because of its impact on wives, mothers, daughters, and sisters, men's health is truly a family issue."
Congressman Bill Richardson (May 1994)

In 2000 there were fewer than 80 men for every 100 women by the time they reach age 65 - 74.

80

ONLINE RESOURCES

Men's Health Month
menshealthmonth.org

Men's Health Network
menshealthnetwork.org

Get It Checked
getitchecked.com

Talking About Men's Health Blog
talkingaboutmentshealth.com

Women Against Prostate Cancer
womenagainstoprostatecancer.org



5th Annual Men's Health Expo

Presented by Ochsner Health System
and the New Orleans Saints



What You're Invited! Appointments are required, RSVP today!

When Jun 15 2019 9:00 AM - 12:00 PM (CDT)

Where Ochsner Sports Performance Center, Saints Indoor Field
5800 Airline Drive, Metairie, LA 70003 [Map](#)

FREE Health Screenings on Site:*

- Hearing
- Vision
- Foot Analysis
- Cholesterol
- Blood Pressure
- Skin Cancer
- Prostate Cancer
- And More!

*Appointments are required and space is limited.

Call **504.703.4MEN** or
email **menshealth@ochsner.org**.

Special Event Features Will Include:

- Special New Orleans Saints Guests
- Educational Information
- Giveaways



BROTHER DR. MOSES C. NORMAN, SR. INTERNATIONAL
LEADERSHIP CONFERENCE

DR. MOSES C. NORMAN, SR. INTERNATIONAL LEADERSHIP CONFERENCE REGISTRATION:

Registration Info: \$375 until June 10, 2019

Conference Dates: July 9 - 14, 2019

Location: Atlantic City, NJ.

NINTH DISTRICT NEWS

83rd Annual Ninth District Meeting



Rectangular Snip

83rd ANNUAL NINTH DISTRICT MEETING

April 1-5, 2020

Tulsa, OK

District Marshal: Bro. Lee Young

- Register Online



- Online Registration for Visiting Brothers from other Districts
- Register for Marchdown and Sporting Events!
- Purchase an Ad in Souvenir Booklet!
- Register to be an Approved Vendor!
- Non-Member Registration for Herbert King Golf Classic at 83rd District Meeting!

Rectangular Snip

General Information

Pre-Registration Period: May 2, 2019 - October 1, 2019

Graduate Rate - \$175.00

Undergraduate Rate - \$100.00

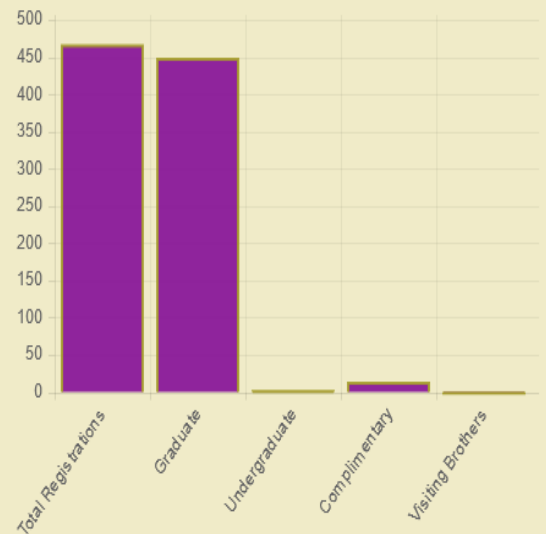
Venue Information

Cox Business Center

100 Civic Center

Tulsa, OK

<https://coxcentertulsa.com/>



UPCOMING CHAPTER EVENTS

Chapter Meeting: June 4, 2019

Time: 7:00 pm

Location: Crescent City "Qs" Club House

Address: 1616 Treasure Street

Attire: Business Casual (Fraternity polo shirt, dress slacks and shoes)

Monday Night: "Happy Hour"

Time: 7:00 pm - 10:00 pm

Location: Crescent City "Qs" Club House

Contact Us

For more information on Rho Phi Chapter send an email to:

Bro. Keith Taylor: reporter@rhophi.org

Visit us on the web at: <http://www.rhophi.org>