



Omega Psi Phi Fraternity, Inc.

Rho Phi Chapter

New Orleans, LA



“Friendship Is Essential To The Soul”

July, 2019

Greetings From Basileus, Bro. Jerome Tinguee

Brothers, The Fraternity’s focus in July will be the Inaugural Bro. Moses C. Norman, Sr. International Leadership Conference, which will be held in Atlantic City, NJ from July 9-14, 2019. I will be attend this mandatory training event with Bro. Ernest Parquet, the chapter’s KRS to learn, strategize and become better leaders for our beloved organization. Rho Phi and Gamma Rho Chapters will be working together to support the Sorors of Delta Sigma Theta 54th National Convention which will be held in the city from July 11-14, 2019. Let’s continue to do our part and take pride in what is uniquely ours...Rho Phi Chapter, Omega Psi Phi Fraternity, Inc.



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Rho Phi Chapter 2018-2019 Officers:

Basileus: Bro. Jerome Tinguee

Vice-Basileus: Bro. Charles Allen III

Keeper of Records and Seal: Bro. Ernest Parquet Jr.

Asst. Keeper of Records and Seal: Bro. Christopher Hamilton

Keeper of Finance: Bro. Michael Wingate

Keeper of Peace: Bro. Steve Crandle

Reporter: Bro. Keith Taylor Sr.

Chaplain: Bro. Michael Raymond

Parliamentarian: Bro. Kyle Augillard

Immediate Past Basileus: Bro. Dana Walker

Other Fraternity Officers:

Immediate Past Grand Marshal: Bro. Terrence Augillard

S.E. Louisiana State Representative: Bro. Rene Metoyer

CHAPTER NEWS

Rho Phi Chapter held its June, 2019 Healthy Ques Fitness session at McDonough 35 H.S. gym. Brothers in attendance participated in walking, playing basketball, lifting weights and enjoyed the fellowship with chapter brothers.





Rho Phi Chapter held its 2019 Committee Chairman and Executive Council members Workshop on Thursday, June 20th, at the Crescent City Qs' clubhouse. The workshop's focus was on the proper duties and operations of the chapter's various committees. **Vice-Basileus, Bro. Charles Allen** and **Keeper of Records and Seal, Bro. Ernest Parquet**, were the presenters.



Rho Phi Chapter brothers attended Second Baptist Church's 2019 Prayer Breakfast, held on June 29, 2019. The guest speaker was New Orleans District B Councilman, the Honorable **Bro. Jay H. Banks**. Second Baptist is also the home church of **Bro. Johnny Jones, Jr.**, where Rev. Dr. Samuel Gibbs, Jr. is the pastor.



BROTHER SPOTLIGHT

Bro. Caesar Ruffin, second from left, has been elected to serve as the 1st-Vice President of the New Orleans Metropolitan Executive Board of the National Organization of Black Law Enforcement Executives (NOBLE). **Bro. Ruffin** is the Commander of the New Orleans Police Department's 4th District, located in Algiers.

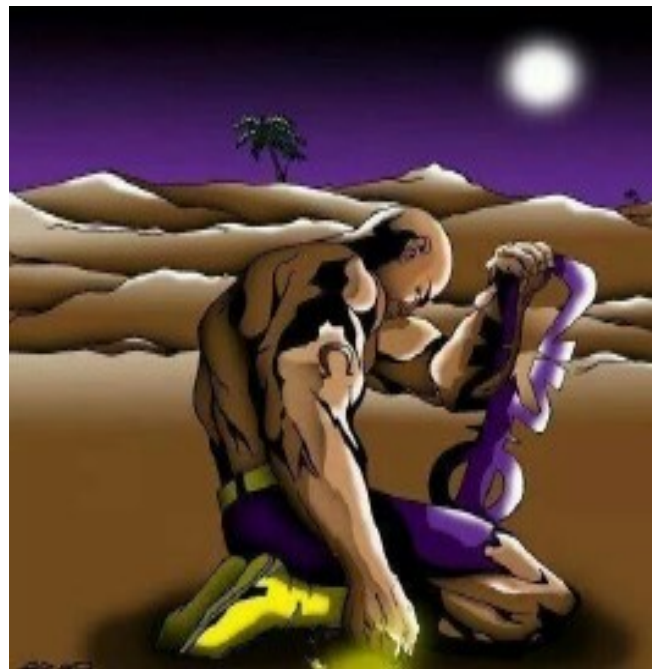


INITIATION ANNIVERSARIES

Congratulations to the following Rho Phi brothers on the Anniversary of their Initiation into Omega Psi Phi Fraternity.

July 07, 2001 — Bro. Lawrence Martin — Zeta Chi

July 15, 1972 — Bro. Ronald Butler — Rho Phi



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Foods to Boost Male Health

SOURCE: MEDICINET.COM



oysters

Oysters can deliver a full day's supply of zinc, which may protect against causes of prostate cancer and increase sperm counts.



bananas

Bananas are a great source of quick energy, potassium and vitamin B-6. Eating bananas can aid your immune system, nervous system, and assist with protein metabolism.



fatty fish

Polyunsaturated fats can benefit the heart, circulation, and immune system and reduce the risk for prostate cancer.



broccoli

Cruciferous vegetables like broccoli are helpful in the prevention of heart disease and cancer.



Brazil nuts

These nuts are packed with antioxidants that may help prevent heart disease, cancer and protect prostate health.



plant stanols

Stanols are naturally occurring substances in fruits and vegetables that have been shown to lower mildly elevated blood cholesterol levels.



berries or cherries

Adding berries to your diet may help slow a decline in brain function that can occur with aging.

whole grains

A diet rich in whole grains can help lower LDL or "bad" cholesterol, and are also good for prostate and muscle health.



soybeans

Soy is rich in isoflavones, which protect prostate health and have been shown to lower the risk of prostate cancer.



red-orange vegetables

Nutrients from red bell peppers, carrots, pumpkin, or sweet potatoes help preserve healthy skin cells and prevent oxidation from the sun.

Spiritual Q-Tips

From The Chaplain's Desk

SPIRITUAL Q-TIPS

June 2019

Bro. Jerome Tinguée, Basileus
Rev. Bro. Michael B. Raymond, Chaplain

ALWAYS RE-DEDICATE YOURSELF TO THE CAUSE OF OMEGA.

By getting to know more Brothers in Rho Phi Chapter.

SPIRITUAL Q-TIP OF THE MONTH: What makes God smile?

POINT TO PONDER: God smiles when I trust him.

QUESTION TO CONSIDER: Since God knows what's best, in what areas of my life do I need to trust him more?

***Psalms 147:11**

What makes God smile

***Matthew 22:37-38**

Love the Lord

***James 2:24**

Make God smile through your obedience

Notes

"Friendship Is Essential To The Soul"



BROTHER DR. MOSES C. NORMAN, SR. INTERNATIONAL
LEADERSHIP CONFERENCE

DR. MOSES C. NORMAN, SR. INTERNATIONAL LEADERSHIP CONFERENCE REGISTRATION:

Registration Info: \$375 until June 10, 2019

Conference Dates: July 9 - 14, 2019

Location: Atlantic City, NJ.

Moratorium Update

FOUNDERS: FRANK COLEMAN, OSCAR J. COOPER, ERNEST E. JUST, EDGAR A. LOVE



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INTERNATIONAL HEADQUARTERS
3951 Snapfinger Parkway Decatur, GA 30035
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www.oppf.org

FROM THE DESK OF THE GRAND BASILEUS



June 3, 2019

Brothers,

I thank the members of the Supreme Council, particularly the district representatives, for working hard during this moratorium to reduce our risk as it relates to social events and successfully completing MSP processes that started prior to the moratorium. During this moratorium, the Offices of the Grand Counselor and Inspector General have gathered an acute understanding of social function risk and how it is measured and reduced in the climate in which we are operating. As a result, effective June 10, 2019, I will lift the moratorium on social events/activities. However, the moratorium on MSP continues. In our never-ending effort to maintain the safest approach to events and the reduction of risk to the extent possible, for future social events/activities, the following requirements are now in place:

- **GRADUATE CHAPTERS**
 - Will continue to end events earlier than has been typical in the past;
 - Will continue to increase the security presence by 50% over SEC standards (1.5 officers per 100 attendees) and these officers will remain on the clock and premises through the complete exodus of the event;
 - Will continue to implement alcohol curbing mechanisms in the form of punch cards or drink tickets which will be in the exclusive control of the 3rd party vendor who is responsible for service of alcohol
 - Will continue to have a ninety (90) minute buffer between sale/serving (last patron consumption) of alcohol and event conclusion (ex. If the event concludes at 1:00am, last consumption will be at 11:30pm);
 - Will continue to adhere to the requirements of the SEC in addition to the above, including appropriately executed contracts, appropriately executed certificates of insurance, and etc. as has been the case through a consistent approach monitored by our Legal Department, headed by the Office of the Grand Counselor and his designees.
 - The District Representative and the District Counselor will sign all SECs. Final approval and notification of approval will come from IHQ with ongoing monitoring by the Inspector General.

- **UNDERGRADUATE CHAPTERS**
 - Will host all events on its college/university campus with the exception listed below, adhering to campus rules and regulations;
 - Will continue to end events earlier than has been typical in the past;
 - Will continue to prohibit the sale/serving/consumption of alcohol at events;
 - Will have all SECs signed by their chapter advisor;
 - Will have chapter advisor/designee attend the event;
 - Will continue to increase the security presence by 50% over SEC standards (1.5 officers per 100 attendees) and these officers will remain on the clock and premises through the complete exodus of the event;



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FROM THE DESK OF THE GRAND BASILEUS



(continued)

- Will enjoy the exception of having one social event per fiscal year off campus but it will have to be approved by their supervising graduate chapter; SEC must be submitted in the name of its supervising graduate chapter; supervising graduate chapter will retain direct supervision of the event and all of its related activities throughout the entirety of the event; undergraduate chapters must secure event insurance; advisor and/or designee and graduate chapter members must attend this event; and chapter must comply with all aforementioned regulations for on campus events;
 - Will continue to adhere to the requirements of the SEC in addition to the above, including appropriately executed contracts, appropriately executed certificates of insurance, and etc. as has been the case through a consistent approach monitored by our Legal Department, headed by the Office of the Grand Counselor and his designees.
 - The District Representative and the District Counselor will sign all SECs. Final approval and notification of approval will come from IHQ with ongoing monitoring by the Inspector General.
- FOR JOINT EVENTS
 - For joint Graduate Chapter/Undergraduate Chapter events, they must comply with the aforementioned regulations for undergraduate chapter events and there shall be no alcohol sold/served/consumed by Graduate brothers or Undergraduate brothers at the event;
 - Undergraduate Chapters doing events with other Undergraduate Chapters must comply with the aforementioned regulations for undergraduate chapter events and have both supervising graduate chapters sign the SECs.
 - Any graduate and undergraduate chapters that do joint events with other non-Omega organizations, including affiliates and/or foundations must in addition to the above regulations get event insurance and have these non-Omega organizations get insurance and list Omega as an additional insured on their policy.
 - The District Representative and the District Counselor will sign all SECs. Final approval and notification of approval will come from IHQ with ongoing monitoring by the Inspector General.

Brothers, we need to continue to police ourselves if we're going to reduce our risk at our social events. I want to be very clear that any brother or chapter that attempts to circumvent these rules will receive sanctions that will start with suspension up to expulsion, chapter revocation and will not exclude legal recourse. Again, the moratorium on social events/activities will be lifted June 10, 2019. However, the moratorium on MSP continues. I thank you in advance for governing yourselves accordingly.

Faternally,

David Manoy Ph.D.

82nd Grand Conclave Registration

Greetings Brothers,

I hope all is well with you and yours.

Last evening, the Supreme Council approved the budget for our 82nd Grand Conclave to be held in Tampa, FL next year.

The budget includes an "EARLY BIRD" registration period. Please save the dates of July 8 thru July 21, 2019 on your calendars.

If all goes according to the plan, IHQ will have those dates open for the Brotherhood to register and take advantage of the following EARLY BIRD rates:

\$395 for Graduate Brothers

\$295 for Undergraduate Brothers

The regular rate will become effective on July 22, 2019 and is scheduled to stay effective until March 31, 2020. Those "regular" rates will be the following:

\$495 for graduate Brothers

\$350 for Undergraduate Brothers

The final scheduled rates are defined as the "PEAK" rates. That period will be April 1, 2020 thru June 20, 2020. The PEAK rates are as follows:

\$550 for Graduate Brothers

\$450 for Undergraduate Brothers

So again, please make note and save the dates for the planned "EARLY BIRD" registration rates for our 82nd Grand Conclave.

In Friendship,

Bro. Patrick B. Smith

9th District Representative

Official Curator

FOUNDERS: FRANK COLEMAN, OSCAR J. COOPER, ERNEST E. JUST, EDGAR A. LOVE



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Brothers,

We are thrilled to announce that effective 6/1/2019 Brother Don Lee was assigned to be Omega Psi Phi Fraternity, Inc.'s Official Curator. Brother Lee joined the International headquarters 13 years ago working in our MSP Department. He has played a key role in processing more than 20,000 new initiates into this fraternity during his tenure as MSP Coordinator.

To ensure Omega History is preserved, Brother Lee has accepted this newly assigned position, thus bringing a wealth of historical and operational experience to the International History and Archives team. The responsibility is to build up the collection and to ensure the safekeeping of our artifacts. He will develop ways in which objects, archives, and artwork can be interpreted and displayed through exhibitions, publications, events, and audio-visual presentations.

This role is very important to IHQ. We believe Brother Lee is the right person for the Job. Please join us in welcoming Don to this role and support his effort in any way you can.

Best regards,

A handwritten signature in black ink, appearing to read "John Howard", written in a cursive style.

Brother John Howard
Assistant Executive Director
404-284-5533
Email: jhoward@oppf.org

NINTH DISTRICT NEWS

83rd Annual Ninth District Meeting



Rectangular Snip

83rd ANNUAL NINTH DISTRICT MEETING

April 1-5, 2020

Tulsa, OK

District Marshal: Bro. Lee Young

- Register Online



- Online Registration for Visiting Brothers from other Districts
- Register for Marchdown and Sporting Events!
- Purchase an Ad in Souvenir Booklet!
- Register to be an Approved Vendor!
- Non-Member Registration for Herbert King Golf Classic at 83rd District Meeting!

Rectangular Snip

General Information

Pre-Registration Period: May 2, 2019 - October 1, 2019

Graduate Rate - \$175.00

Undergraduate Rate - \$100.00

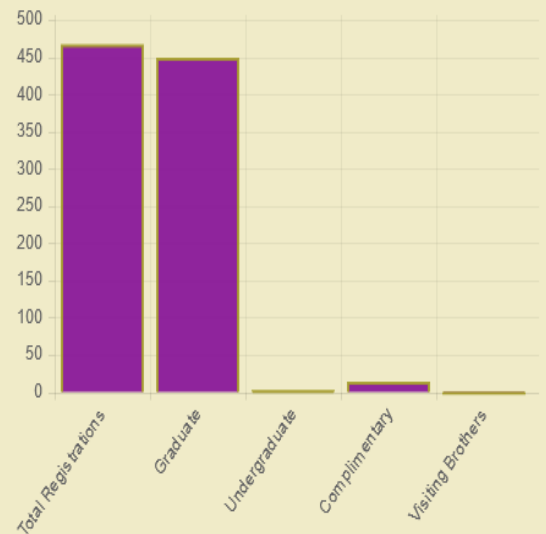
Venue Information

Cox Business Center

100 Civic Center

Tulsa, OK

<https://coxcentertulsa.com/>



83rd Ninth District Meeting—Hotel Registration

The link to register for rooms at the host hotel (DoubleTree) is enabled at the 9th District's website. You must log into the website with your control number and unique password that you created. Once you login is complete, your profile screen will appear, click on **EVENTS** at the top-middle of the page. Select **District Meeting** and once that page appears, scroll to the bottom. You will see the link

[Reserve at Group Rate for Omega Psi Phi - 83rd Annual Ninth District Meeting](#)

Click on the link above to begin the registration process. You will need your credit card. Room cost is \$120.00 per night plus tax for rooms that are available April 2 (Thursday) - 4 (Saturday), with checkout on Sunday.

UPCOMING CHAPTER EVENTS

Chapter Meeting: July 2, 2019

Time: 7:00 pm

Location: Crescent City "Qs" Club House

Address: 1616 Treasure Street

Attire: Business Casual (Fraternity polo shirt, casual slacks and shoes)

Monday Night: "Happy Hour"

Time: 7:00 pm - 10:00 pm

Location: Crescent City "Qs" Club House

Contact Us

For more information on Rho Phi Chapter send an email to:

Bro. Keith Taylor: reporter@rhopi.org

Visit us on the web at: <http://www.rhopi.org>