



Omega Psi Phi Fraternity, Inc.

# Rho Phi Chapter

New Orleans, LA



“Friendship Is Essential To The Soul”

August, 2019

## Greetings From Basileus, Bro. Jerome Tinguee

Brothers we are entering the fourth quarter of the 2018-2019 fiscal year. The highlights of this month will be the Charles Drew Blood Drive which is one of the fraternity’s mandated programs and the annual PanHellenic Picnic. Both events will take place on Saturday August 24, 2019 at Joe Brown Park from 11:00 am - 3:00 pm. I encourage brothers to come out and support both events and continue to take pride in what is uniquely ours: The Omega Psi Phi Fraternity.



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## Rho Phi Chapter 2018-2019 Officers:

**Basileus:** Bro. Jerome Tinguee

**Vice-Basileus:** Bro. Charles Allen III

**Keeper of Records and Seal:** Bro. Ernest Parquet Jr.

**Asst. Keeper of Records and Seal:** Bro. Christopher Hamilton

**Keeper of Finance:** Bro. Michael Wingate

**Keeper of Peace:** Bro. Steve Crandle

**Reporter:** Bro. Keith Taylor Sr.

**Chaplain:** Bro. Michael Raymond

**Parliamentarian:** Bro. Kyle Augillard

**Immediate Past Basileus:** Bro. Dana Walker

## Other Fraternity Officers:

**Immediate Past Grand Marshal:** Bro. Terrence Augillard

**S.E. Louisiana State Representative:** Bro. Rene Metoyer

## Chapter News

**Rho Phi Chapter** Brothers attended the Inaugural Bro. Dr. Moses C. Norman Sr., International Leadership Conference held July 10-14, 2019 in Atlantic City, NJ. Bro. Ernest Parquet is the Chairman of the International Registration Committee and Bro. William Peoples is a member of the committee.





**Rho Phi and Gamma Rho Chapter** Brothers served dessert treats to the Delta Sigma Theta attendees at the “Taste of New Orleans” Kick-Off event held at Mardi Gras World on July 10, 2019. The event was part of the activities taking place during the 54th Delta Sigma Theta National Convention, held in New Orleans, July 10-11, 2019.



**Rho Phi Chapter** and other Omega brothers attended the funeral for Bro. Cecil Carter Jr. (Theta Sigma 12/13/1955) and expressed the Fraternity's condolences to the family. Bro. Carter Jr., is the son of Bro. Cecil Carter Sr., who was a former Basileus and life long member of Rho Phi Chapter.





## Brother Spotlight

Congratulations to **Basileus, Bro. Jerome Tinguee (Trenton Jr.)** and **Bro. Joseph Hicks (Zoe)** on the birth of their grandchildren.



# Healthy Living Tips

## AFFIRMATION

I'd like you to write an affirmation (or two) for yourself that you will say all week. This affirmation will serve as a reminder to you of your strength, tenacity, drive, and resilience. This will serve as motivation for you to keep moving forward towards your goal.

I'd like you to take a few moments right now and think about your affirmation for the week.

Now, here is how you write an affirmation:

1. **Choose a negative thought that you've told yourself repeatedly** (whether you realize it or not). Something that you'd like to see changed in your life.
2. **Start with "I"**. This is about YOU. No one else. Your positive changes will affect other people, of course, but this is all about you.
3. **Use the present tense**. Start writing "I AM..." or "I HAVE..." or something similar. We're not looking into the future. We're not thinking about the past. This is for RIGHT NOW! Other words you can use are Choose, Make,
4. **Think about how you want that negative thought to be changed**. Write a statement about the positive side of that negative thought.
5. **Don't use ANY negative words**. Saying "I will not smoke" isn't a great affirmation. Saying "I am free from smoking" or "I am proud of giving my lungs fresh, clean air" or something similar.
6. **Avoid statements like "I want" or "I need"**. This is not the time to want or need. This is the time to manifest. Our statements are going to be those that manifest positive things in our lives.
7. **Add Emotion**. Give the statement some feeling. "I am excited about..." or "I feel happy that I..." Every time you speak this emotion, be sure to actually FEEL that emotion in that moment.
8. **Say it out loud**. Once you come up with your statement, say it out loud to yourself several times a day. And LISTEN to yourself as you are saying it. You need to hear you speak these words to yourself and about yourself.
9. **Say it like you mean it!!** Every time you speak these words, say it with ALL the excitement and enthusiasm that you can muster. Even if you don't believe it at the moment, continue to say it as such.

Now it is time to create your affirmation for the week. Don't overthink it. Just follow the rules and write it. Then say it.

You got this!!

Until next time,

Live Better!

*Dr. Tursha*

# Spiritual Q-Tips

*From The Chaplain's Desk*

## SPIRITUAL Q-TIPS

August 2019

Snip

Bro. Jerome Tinguée, Basileus  
Rev. Bro. Michael B. Raymond, Chaplain

**ALWAYS RE-DEDICATE YOURSELF TO THE CAUSE OF OMEGA.**

By extending yourself to a Brother in need.

**SPIRITUAL Q-TIP OF THE MONTH:** Developing your FRIENDSHIP with God.

**POINT TO PONDER:** I am as close to God as I chose to be.

**QUESTION TO CONSIDER:** What choices will I make today in order to grow closer with God.

\*James 4:8

\*Proverbs 3:32

\*Psalm 63:3

Notes

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*"Friendship Is Essential To The Soul"*

\*Look Up/Study Scripture

# International News

## 82nd Grand Conclave Housing Update

FOUNDERS: FRANK COLEMAN, OSCAR J. COOPER, ERNEST E. JUST, EDGAR A. LOVE



### Omega Psi Phi Fraternity, Inc.

INTERNATIONAL HEADQUARTERS  
3951 Snapfinger Parkway Decatur, GA 30035  
Telephone: (404) 284-5533 Fax: (404) 284-0333  
[www.opphf.org](http://www.opphf.org)

Greetings Brothers,

Thank you for registering for the 2020 Conclave in Tampa, Florida. You are on the right side of history. Never in the history of Omega Conclaves have we received approximately 3,000 early-bird registrants for the Conclave in the first two weeks. This excitement to attend the Conclave is a great thing, and the planning committee is excited to host you. It is important to note that demand for housing is also greater than we anticipated; thus, some Brothers have found themselves unsuccessful at obtaining housing. The housing committee is working to secure more housing to accommodate our need. We are confident the committee will be able to do so.

It has been reported some Brothers didn't receive the housing link (sent via email or in the registration confirmation). We are looking into that process to ensure everything is working properly and that the link is more visible. Please be reminded that no more than one room can be booked per registration and any additional rooms booked or rooms booked by unregistered Brothers is subject to cancellation by Omega to allow for the maximum number of registered brothers to be accommodated.

Please be patient as the housing team secures more housing opportunities for the 500plus brothers seeking housing. If you are in search for housing, please email [2020conclave@opphf.org](mailto:2020conclave@opphf.org). This is not a waiting list but a way to get a better gauge on how many Brothers are seek housing.

Also, we've received some questions regarding the room locations for meetings. As a point of clarification, we want to communicate to you that all official Conclave meetings will take place at the Tampa Convention Center.

Thanks,

Conclave Planning Team





## Omega Psi Phi Fraternity, Inc.

### INTERNATIONAL HEADQUARTERS

3951 Snapfinger Parkway Decatur, GA 30035  
Telephone: (404) 284-5533 Fax: (404) 284-0333

[www.oppf.org](http://www.oppf.org)

Greetings Brothers,

The 2020 Grand Conclave in Tampa, Florida is experiencing unusually high demand. With a little more than 11 months before the 82<sup>nd</sup> Grand Conclave, we already have more than 2900 persons registered—making it the second largest non-centennial Conclave in Omega history. It is now projected to be the largest Conclave ever. As a result, the demand for housing in Tampa is also unprecedentedly high. As Omega makes additional accommodations to house our Brothers, we want to remind you of our housing policy:

#### **Housing Policy:**

No more than one hotel reservation may be made per registration. Rooms are reserved for registered brothers only. Any hotel reservations found to be out of compliance with this policy will be cancelled, with or without notice. This is not a new Omega policy. Previously, we have managed through the housing bureau; however, with the housing bureau no longer in place, we are now managing through housing committee. Per our contracts with the various hotels, Omega does have the right to cancel or move any reservation in its block. If you have a reservation in your name for another registered brother, please contact us **immediately** through the [2020conclave@oppf.org](mailto:2020conclave@oppf.org) email box to avoid having that reservation cancelled. Otherwise, all duplicate reservations will be cancelled even if you have one reservation in one hotel and another reservation at a different hotel.

These are exciting times for Omega that will require patience as we manage this extraordinary moment. More housing accommodations are being secured and you will be able to secure your room in the very near future. Congratulations on making the 82<sup>nd</sup> Grand Conclave historic!

See you Tampa!!!

Conclave Planning Team

### LA (New Orleans) 2019 (Fall) Leadership Academy



**NINTH DISTRICT**  
ARKANSAS • LOUISIANA • OKLAHOMA • TEXAS

**OMEGA PSI PHI FRATERNITY, INC.**

Louisiana- New Orleans AREA STATE REP'S  
LEADERSHIP ACADEMY  
MSP CERTIFICATION

Hosted by Bro. Rene Metoyer, Louisiana (New Orleans) State Representative and the Regional MSP Support Team

**Saturday, August 31, 2019**

**09:00 AM**

**Warren Easton High School auditorium  
3019 Canal St.  
New Orleans, LA 70119**

\*\*\* This training is open to all members in the area that still need to be MSP certified. We have limited capacity and will hold open spots for brothers that are seriously interested, so if you would like to attend please notify me ASAP. This training is mandatory if you are planning on participating in any part of the MSP process (no exceptions). It is recommended that all new chapter officers that are not certified attend this session. The dress attire is business casual (no collarless shirts, no shorts and no jeans). Just as a reminder to be fully certified you must have completed the on-line MSP training which is good for 5yrs as well as classroom training which is expires after 1yr.

If you should have any questions, please feel free to give me a call.

For more information, please contact

Bro. State Rep. Rene Metoyer

Phone: 504.400.7363

Email: renemet@aol.com

## Ninth District K.R.S. August, 2019 Update

- Registration for the 83rd NDM (Tulsa, OK) is at the Pre-Registration stage. Pre-registration is \$175/Grad and \$100/UG. Pre-Registration will end on October 1, 2019. Currently, we have 500 brothers registered for the District Meeting in Tulsa. Quette registration will remain throughout the entire registration process at \$150. As a reminder, brothers that are 55+ years and financial will receive complimentary registration for the District Meeting but most register online. Please log on to [ <https://www.mightyninth.com> ] and register.
  - Dr. Moses C. Norman Leadership Conference was a great success. Outstanding job by Bro. Ernest Parquet (International Registration Committee Chair) and his team. Congratulation to Bro. Albert Benefield and Bro. Sedric Myers on being elected to the Omega Life Membership Foundation Board of Directors & Consultants. Also, congratulation to Omicron Gamma Gamma (Arlington, TX) and Gamma Gamma (Grambling State University). Both Chapters were selected as the 2018-2019 International Social Action (Large Graduate & Undergraduate) Chapters of the Year.
  - 2020 Grand Conclave Registration is open. Registration is at the Regular Rate (Graduate-\$450 / Undergraduate-\$350). Brothers, I have been in communication with Bro. John Howard (Asst. Executive Director) and he confirmed approximately 3000 brothers are registered for the Tampa Conclave. As of today, the Mighty 9th District has 116 brothers registered. Bro. Howard also shared that they are working on
  - Brothers of the Mighty 9th District, please support our Brothers as they seek public office in their respective areas. Donate, Volunteer, and VOTE!
- Bro. Royse West, Sr. (Candidate for US Senator (TX)) – Theta Alpha
  - Bro. Philip Hood (Candidate for AR State Representative (District 36)) – Omicron Lambda Lambda
  - Bro. Willie Banks (Candidate for LA State Representative (District 24)) - Epsilon Chi
  - Bro. Marcus “Bam” Bryant (Candidate for LA State Representative (District 96)) - Rho Omicron
- As a reminder, please login to your IHQ and 9th District Website account at least once a week.
  - Registration has started for the 9th District Undergraduate Summit (September 20-21, 2019 in Little Rock, AR on the campus Arkansas Baptist College). Log-in on the Mighty 9th District Website to register.
  - 9th District KRS Training is coming soon to a region near you. I plan to travel around the District to conduct KRS Training. The training is for Chapter KRS and for brothers that are aspiring to become a Chapter KRS. Registration links will be provided soon or log-on to the 9th District Website ( Go to EVENT, MEETING REGISTRATION SYSTEM, REGISTER FOR UPCOMING MEETING, CHOOSE MEETING, THEN CLICK REGISTER). See the following Cities and Dates
- 8/17/19 (San Antonio, TX)
  - 8/24/19 (Opelousas, LA)
  - 8/31/19 (New Orleans, LA)
  - 9/7/19 (Oklahoma City, OK)
  - 9/21/19 (Little Rock, AR)
  - 9/28/19 (Shreveport, LA)
  - 10/5/19 (Dallas, TX)
  - 11/16/19 (El Paso, TX)
  - 12/7/19 (Houston, TX)
- Brothers, please take advantage of the 9th District Recent Graduate Stipend. To all Undergraduate Advisors, please communicate this message to the Undergraduate brothers just in case they are not receiving emails. Please contact Bro. Howard Dunlop (9th District Recent Graduate Stipend Committee Chairman) if you have any questions. Cell: 817-991-4735 E-mail: [hkdunlop@yahoo.com](mailto:hkdunlop@yahoo.com)



# Ninth District Annual Meeting

83rd Annual Ninth District Meeting



Rectangular Snip

## 83rd ANNUAL NINTH DISTRICT MEETING

April 1-5, 2020

Tulsa, OK

District Marshal: Bro. Lee Young

• Register Online 

- Online Registration for Visiting Brothers from other Districts
- Register for Marchdown and Sporting Events!
- Purchase an Ad in Souvenir Booklet!
- Register to be an Approved Vendor!
- Non-Member Registration for Herbert King Golf Classic at 83rd District Meeting!

Rectangular Snip

### General Information

Pre-Registration Period: May 2, 2019 - October 1, 2019

Graduate Rate - \$175.00

Undergraduate Rate - \$100.00

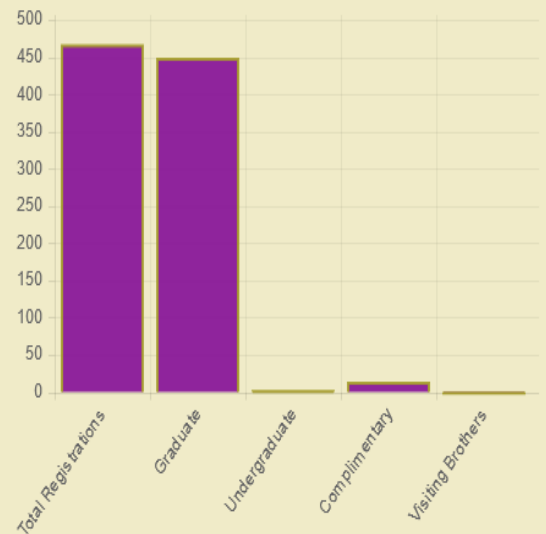
### Venue Information

Cox Business Center

100 Civic Center

Tulsa, OK

<https://coxcentertulsa.com/>



## 83rd Ninth District Meeting—Hotel Registration

The link to register for rooms at the host hotel (DoubleTree) is enabled at the 9th District's website. You must log into the website with your control number and unique password that you created. Once you login is complete, your profile screen will appear, click on **EVENTS** at the top-middle of the page. Select **District Meeting** and once that page appears, scroll to the bottom. You will see the link

[Reserve at Group Rate for Omega Psi Phi - 83rd Annual Ninth District Meeting](#)

Click on the link above to begin the registration process. You will need your credit card. Room cost is \$120.00 per night plus tax for rooms that are available April 2 (Thursday) - 4 (Saturday), with checkout on Sunday.

## Upcoming Chapter Events

**Chapter Meeting: August 6, 2019**

**Date/Time: Tuesday, August 6, 2019—7:00 pm**

**Location: Crescent City "Qs" Club House**

**Address: 1616 Treasure Street**

**Attire: Business Casual (Fraternity polo shirt, casual slacks and shoes)**

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**Charles Drew Blood Drive / N.O. Pan Hellenic Council Picnic**

**Date/Time: Saturday August 24, 2019—11:00 am - 3:00 pm**

**Location: Joe Brown Park**

**Address: 5601 Read Blvd.**

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**Fall Leadership Academy / KRS Training**

**Date/Time: Saturday August 31, 2019—09:00 am - 12:00 noon**

**Location: Warren Easton High School Auditorium**

**Address: 3019 Canal St.**

## Contact Us

For more information on Rho Phi Chapter send an email to:

Bro. Keith Taylor: [reporter@rhophi.org](mailto:reporter@rhophi.org)

Visit us on the web at: <http://www.rhophi.org>